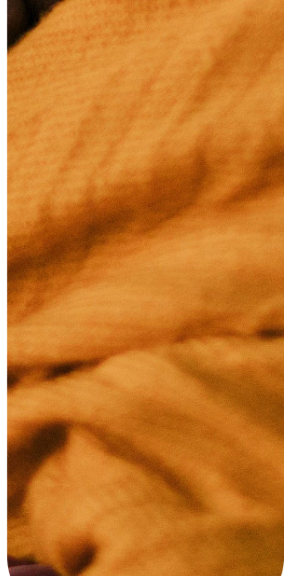
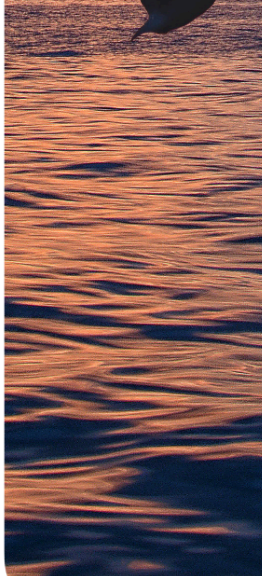
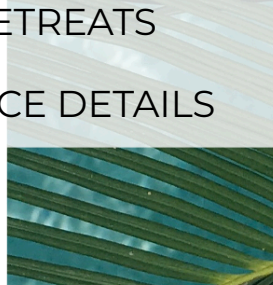


Pathways to Purpose

3-AND 5-DAY GUIDED RETREATS
&
DESIGN YOUR MASTERPEACE DETAILS





VILLA REINO OFFERINGS

Discover Luxury On Purpose

Dear Fellow Enlightenment Journeyers,

Thank you for your interest in Villa Reino, a sanctuary born from my vision for transformative growth, where guests align inner well-being with purpose-driven action while laying down their burdens and not lifting a finger. Founded on the principles of Healing, Excellence, Leadership, and Purpose, Villa Reino is the embodiment of Luxury on Purpose, where every retreat is designed to support and inspire those seeking more meaningful experiences and holistic growth.

This guide provides an overview of our offerings, from our 3-and 5-day 'Pathways to Purpose' retreats to the fully customizable 'Design Your MasterPeace' option. Each experience is shaped to nurture your journey, whether through immersive wellness practices, skill-building workshops, or moments of reflection and personal connection. For those leading retreats, Villa Reino offers a bespoke environment where every detail can be tailored to meet the unique goals and spirit of your group.

In addition to lush tropical surroundings and elevated amenities, Villa Reino is designed to provide an experience grounded in my signature HELP principles. From curated culinary experiences to serene spaces for reflection, we foster an environment where each guest feels renewed, equipped, and inspired to carry their purpose forward.

We are honored to share Villa Reino with those who seek a retreat of intention and impact, and I hope this guide inspires and informs as you consider your journey with us.

Warm regards,

Dr. Jolander Headley
Founder, Villa Reino



VILLA REINO OFFERINGS

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VILLA REINO OFFERINGS

3-AND 5-DAY PATHWAYS TO PURPOSE RETREAT & DESIGN YOUR MASTERPEACE

INTRODUCTION

This overview outlines the offerings for 3-and 5-DAY Pathways to Purpose retreats facilitated by the Dr. Jolander Headley HELP Team, along with information for Design Your MasterPeace retreat hosts. All experiences are rooted in the **HELP** principles of **Healing, Excellence, Leadership, and Purpose** and include amenities listed in [Property Details](#).

RETREAT PREPARATION & CONTACT INFORMATION

Contact Information: Please email our Reservations Specialist at info@villareinoretreat.com and we will respond within 48 hours.

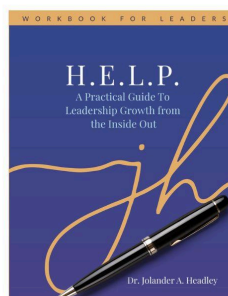
Culinary Offerings: We provide a delicious chef-created menu tailored to your group's dietary preferences and wellness needs. Daily meals include breakfast, lunch, and dinner, along with snacks and beverages. Offerings celebrate the vibrant flavors of the Dominican Republic while supporting overall well-being.

ARRIVAL AT VILLA REINO

3-and 5-Day 'Pathways to Purpose' and 'Design Your MasterPeace' retreat guests are warmly welcomed with native delicacies, refreshments, and a 'Royally Yours' gift. For the duration of their retreat, guests have full access to amenities listed in the [Property Details](#). Our signature welcome gift includes:

- A signed copy of Dr. Jolander Headley's **HELP** work/book and pen
- Villa Reino Candle
- Villa Reino Water Bottle
- 'Welcome' overview agenda with information to ensure guests fully enjoy their retreat experience

Nightly, a turndown service with an inspirational note helps guests settle into rest with inspiration and intention.





VILLA REINO OFFERINGS

Pathways to Purpose: A 3-Day Journey of Healing, Excellence, and Leadership

“This luxury retreat combines scenic beauty, intentionality, and purpose to create a transformative experience that aligns inner well-being with external success and fulfillment.” Dr. Jolander Headley

Day 1: Healing from the Inside Out

Theme: Embracing Inner Peace and Wellness

Morning

- **Arrival and Luxury Welcome Brunch:** Guests are greeted with a curated brunch, allowing them to settle in and connect with each other.
- **Orientation & Opening Ceremony:** Introduction to the retreat's themes and schedule, with a ceremonial welcome by Dr. Jolander Headley.
- **Healing Meditation Session:** Led by a mindfulness coach, this session will focus on reconnecting with inner peace through guided meditation and breathwork exercises on a serene beach setting.
- **Personalized Wellness Assessment:** Each attendee receives a one-on-one session with a wellness coach to assess emotional, mental, and physical health goals for the retreat.

Afternoon

- **Holistic Healing Workshop:** Interactive session on detoxification, energy alignment, and self-care practices. Includes hands-on aromatherapy and sound healing elements (and optional spa treatment)
- **Lunch with a Local Chef:** Featuring nutritious dishes highlighting Dominican flavors for health and vitality.

Evening

- **Reflection & Journaling Exercise:** An intentional journaling session on emotional healing, facilitated by prompts on gratitude and self-forgiveness.
- **Sunset Beach Bonfire & Intention-Setting:** Closing the day with an intimate group, sharing insights and setting personal intentions for the journey ahead.

Benefits: Emotional clarity, reduced stress, a sense of peace, and a fresh start toward holistic health.



VILLA REINO OFFERINGS

Day 2: Equipping in Excellence & Leadership Development

Theme: Building Skills, Confidence, and Vision

Morning

- **Dynamic Leadership Workshop:** Led by a renowned leadership coach, covering communication, conflict resolution, and confidence-building exercises.
- **Group Visioning Exercise:** Crafting personal visions for excellence and leadership, including exercises to overcome limiting beliefs.

Afternoon

- **Gourmet Lunch & Networking Session:** Attendees enjoy lunch and engage in guided networking and cultural enrichment activities.
- **Excellence in Action Workshop:** Hands-on activities centered on goal-setting, time management, and strategic decision-making.
- **Collaborative Team-Building Activity:** A fun, experiential learning activity that builds leadership and problem-solving skills through group challenges.

Evening

- **Fireside Chat with Inspirational Leader:** Featuring an industry expert who shares their journey of excellence and resilience, followed by a Q&A.
- **Celebration Dinner & Private Reflection:** A chance to debrief the day's learning and network further.

Benefits: Enhanced confidence, strategic thinking, expanded network, and practical tools for leadership and personal excellence.



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Day 3: Planning with Purpose

Theme: Clarifying Vision and Taking Aligned Action

Morning

- **Personalized Goal-Mapping Session:** Attendees work one-on-one with a coach to map their personal and professional goals in alignment with their values.
- **Workshop: Turning Vision into Reality:** A comprehensive planning session focused on actionable steps, milestones, and accountability for long-term success.

Afternoon

- **Lunch & Local Excursion:** A luxurious lunch followed by an excursion to a scenic location, allowing attendees to relax, bond, and enjoy the local culture.
- **Purpose-Driven Roundtable:** A guided discussion where participants share their plans and receive feedback, support, and resources.
- **Farewell Ceremony & Commitment to Purpose:** Attendees receive personalized tokens symbolizing their commitment to healing, excellence, and purpose-driven leadership.

Benefits: A clear sense of purpose, actionable plan, supportive community, and renewed motivation.

Overall Benefits of the Retreat

- **Holistic Healing:** Emotional, physical, and mental well-being through tailored wellness practices.
 - **Skill Enhancement:** Equipping attendees with excellence-oriented and leadership skills.
 - **Personal Growth:** Self-discovery and empowerment through guided reflection and purposeful planning.
 - **Actionable Strategy:** Attendees leave with a concrete, actionable plan aligned with their core purpose.
 - **Supportive Network:** Meaningful connections with like-minded individuals for future growth and collaboration.
-



VILLA REINO OFFERINGS

Pathways to Purpose: A 5-Day Journey of Healing, Excellence, and Leadership

"True transformation begins from within. This retreat is a reflective and restful journey of inner healing, equipping for excellence, and defining purpose to lead with impact and intentionality."
Dr. Jolander Headley

Day 1: Immersion in Tranquility

Theme: Setting the Foundation for Healing and Connection

Morning

- **Arrival and Luxury Welcome Brunch:** Guests are greeted with a curated brunch, allowing them to settle in and connect with each other.
- **Orientation & Opening Ceremony:** Introduction to the retreat's themes and schedule, with a ceremonial welcome by Dr. Jolander Headley.

Afternoon

- **Grounding Meditation & Gentle Yoga:** Designed to release travel stress and open the body and mind for a transformative experience.
- **Healing from the Inside Out Workshop:** An immersive session on emotional detox and mindful practices to promote inner balance.

Evening

- **Reflection & Intention Setting:** Participants gather in a candle-lit setting to set personal intentions, fostering a supportive community from day one.
- **Dinner under the Stars:** A relaxed, open-air dining experience with Dominican flavors.

Benefits: Initial sense of peace, emotional grounding, and community connection.



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Day 2: Healing from the Inside Out - Deep Dive

Theme: Emotional and Physical Renewal

Morning

- **Guided Meditation & Sunrise Beach Walk:** Focused on centering and embracing inner stillness in a natural paradise.
- **Emotional Healing Workshop:** Facilitated session on self-awareness, forgiveness, and release, with tools like journaling and breathwork to foster emotional clarity.

Afternoon

- **Spa & Wellness Treatments:** Customized treatments in a world-class spa, focusing on detoxification and relaxation.
- **Mindfulness & Nutrition Lunch:** Guests enjoy a gourmet meal that educates on nutrition for mind-body wellness.

Evening

- **Sound Healing:** A serene, sunset session with healing sounds to deepen relaxation and spiritual connection.
- **Group Reflection:** An intimate gathering to share experiences and insights from the day.

Benefits: Enhanced emotional well-being, physical relaxation, deeper inner peace, and mindfulness practices for ongoing use.



VILLA REINO OFFERINGS

Day 3: Equipping in Excellence

Theme: Empowerment Through Skill Building

Morning

- **Leadership Excellence Workshop:** A powerful session on values-driven leadership, communication skills, and self-confidence.
- **Personal Branding Session:** Guidance on establishing and refining a personal brand that aligns with one's authentic self and professional aspirations.

Afternoon

- **Group Strategy Exercise:** A collaborative activity where participants engage in real-world problem-solving to strengthen skills in teamwork, creativity, and strategic thinking.
- **Networking Lunch:** Time for participants to connect and exchange insights and cultural enrichment over a beautifully arranged lunch

Evening

- **Mastermind Group Session:** Small-group mentoring where participants share challenges and receive feedback on personal and professional growth.
- **Fireside Chat with Inspirational Leader:** Featuring an industry expert who shares their journey of excellence and resilience, followed by a Q&A.

Benefits: Increased confidence, enhanced personal brand, improved communication and problem-solving skills, and meaningful networking.



VILLA REINO OFFERINGS

Day 4: Leadership Development

Theme: Impactful and Purposeful Leadership

*Optional morning golf on a PGA course or evening sailing excursion

Morning

- ***Visionary Leadership Workshop:** Exploring the qualities of impactful leaders, participants are guided through exercises to define their leadership values and style.
- **High-Performance Habits Workshop:** Focused on building sustainable routines that empower consistent excellence and resilience.

Afternoon

- **Group Leadership Challenge:** An experiential activity designed to put leadership principles into action, fostering collaboration and adaptive thinking.
- **Lunch & Guided Reflection:** Time to process insights with journaling prompts and small-group discussions.

Evening

- ***Unwinding & Reflecting:** A private group sailing catamaran OR yachting excursion where participants can unwind, reflect, and enjoy the beauty of the Dominican Republic.
- **Celebration Dinner:** An evening of celebration and sharing key takeaways, overlooking the ocean.

Benefits: Clear understanding of personal leadership style, effective habits for high performance, enhanced collaboration skills, and renewed motivation.



VILLA REINO OFFERINGS

Day 5: Plan with a Purpose

Theme: Crafting a Vision and Strategy for Purposeful Living

Morning

- **Purposeful Goal-Setting Workshop:** A deep-dive session to define personal and professional goals aligned with core values and long-term vision.
- **One-on-One Strategy Coaching:** Each participant receives personalized guidance to refine their plans and clarify next steps for implementation.

Afternoon

- **Integration & Action Planning Session:** Guided session on integrating the retreat's lessons into daily life, with tools for tracking progress and maintaining accountability.
- **Reflection Lunch:** A final gathering for goodbyes, with reflections on the journey and commitments to continued growth.

Evening

- **Farewell Ceremony & Commitment to Purpose:** Each attendee receives a personalized keepsake representing their journey, as they leave with clarity and renewed purpose.

Benefits: Aligned personal and professional vision, practical strategy for goal achievement, accountability tools, and lifelong connections.

Overall Benefits of the Retreat

- **Deep Healing:** Emotional and physical renewal through targeted wellness practices.
- **Empowerment:** Improved self-awareness, resilience, and leadership skills.
- **Personal & Professional Clarity:** Participants leave with a clear purpose, actionable plans, and the confidence to lead with impact.
- **Community & Support:** Meaningful connections with like-minded individuals, providing a supportive network for future growth.
- **Sustained Transformation:** Tools and strategies to maintain and integrate newfound purpose and skills into daily life.



VILLA REINO OFFERINGS

DESIGN YOUR MASTERPEACE

For retreat hosts who wish to lead a purpose-driven gathering in an exquisite Caribbean sanctuary, Villa Reino's Design Your MasterPeace offering is a fully customizable retreat experience. Inspired by Dr. Jolander Headley's principles of Healing, Excellence, Leadership, and Purpose (HELP), this bespoke option allows retreat hosts to create a transformative journey tailored to the specific goals and vision of their group. Whether your focus is on wellness, personal growth, leadership, or strategic collaboration, Design Your MasterPeace brings your vision to life in an inspiring and luxurious environment.

What's Included

Villa Reino provides everything you need to design a seamless and impactful retreat, with access to luxurious amenities, curated activities, and world-class service. Here's what you can expect:

- **Customized Retreat Agenda:** Work with our team to design a schedule that perfectly aligns with your retreat's purpose, including workshops, mindfulness sessions, and excursions. Each activity is carefully selected to complement your goals, ensuring a cohesive experience.
- **Personalized Culinary Offerings:** A dedicated chef will work with you to create a menu tailored to your group's dietary preferences and wellness needs. Daily meals include breakfast, lunch, and dinner, along with snacks and beverages. Each dish celebrates the vibrant flavors of the Dominican Republic while supporting overall well-being.
- **Signature Welcome & Amenities & Daily Turndown Service** as noted in the introduction.

Villa Reino's Amenities

Villa Reino's thoughtfully designed spaces provide a stunning backdrop for your retreat. With flexible indoor and outdoor meeting areas, swimming pools, whirlpool spa, and alfresco dining spaces, you have a variety of options to create memorable experiences. Each bedroom includes luxurious furnishings and ensuite facilities, ensuring privacy and relaxation for your guests. Our property is fully equipped with Wi-Fi, a sound system, and yoga/fitness props to support diverse retreat activities.



VILLA REINO OFFERINGS

Planning and Support

Our dedicated staff is here to bring your vision to life effortlessly. From pre-arrival coordination to on-site service, we handle all details with care and professionalism, allowing you to focus on leading your retreat. Our butler, chef, and housekeeping team are at your service throughout your stay, ensuring a smooth, seamless experience.

Design Your MasterPeace at Villa Reino offers an unparalleled opportunity to host a retreat in a breathtaking Caribbean paradise. Whether leading a workshop, facilitating team bonding, or simply gathering for rejuvenation, you and your guests will be surrounded by an environment that inspires growth, relaxation, and connection.

Embrace the possibilities of your unique retreat experience at Villa Reino—a place where luxury meets purpose, and every detail reflects the intention behind your journey.



VILLA REINO OFFERINGS

PROPERTY DETAILS

LOCALE

- Exclusive Gated Enclave
- 10 Minutes to Punta Cana Airport
- Property Overlooks La Cana Golf Course

BY GOLF CART

- 10 Minutes to Playa Blanca Beach
- 13 Minutes to Corales Golf Course & Punta Cana Resort

VILLA STAFF

- Private Chef
- Butler
- Daily Housekeeping

VILLA APPOINTMENTS

- Sophisticated Furnishings
- Golf Cart
- Cable TV & Televisions
- Piano
- Central Air Conditioning
- Sound System
- Wi-Fi Internet
- Fully Equipped Kitchen
- Washer/Dryer
- Mobile Presentation Monitor

DINING | CONFERENCE

- Table/Seating for 14



VILLA REINO OFFERINGS

PROPERTY DETAILS (continued)

OUTDOOR ENJOYMENT

- Pool Deck and Cabana Area
- Alfresco Dining
- Swimming Pool
- Whirlpool Spa
- Chaise Lounges
- BBQ Facilities

BEDROOMS

- Bedroom 1 / 1 King Bed
- Bedroom 2 / 1 King Bed
- Bedroom 3 / 1 Queen Bed
- Bedroom 4 / 2 Queen Beds
- Bedroom 5 / 2 Queen Beds

All bedrooms are appointed with a television and have ensuite bathroom facilities equipped with hair dryers and personal care essentials

BATHROOMS

- 7 Luxury-Equipped Bathrooms

ADDITIONAL EQUIPMENT

Connect with our Reservations Specialist for a full listing of our on-site equipment : info@villareinoretreat.com